

First Aid Kit Checklist

- Name & Phone Number of Primary Care Veterinarian
- Name & Phone Number of Emergency Veterinarian
- ASPCA Poison Control Phone Number
1-888-426-4435
- Non-adherent gauze
- Non-stick Bandage (Vetrap)
- Pet Approved Adhesive Tape
- Disposable gloves
- Digital Thermometer
- Leash
- Styptic Powder
- Hydrogen Peroxide (3%)
- Oral Dosing Syringe
- Small Notebook and Pen/Pencil
- Cold pack
- Tweezers
- Small Towel

My Pet's Emergency Information

Owner's Name: _____

Phone: _____

Pet's Name: _____

Breed: _____

Age (or year of birth): _____

Sex: M F Neutered/Spayed? Y N

Primary Care Veterinarian

Veterinarian Name: _____

Address: _____

Phone: _____

Emergency Clinic:

The COVE- Center of Veterinary Expertise

6550 Hampton Roads Parkway, Suite 113

Suffolk, VA 23435

757-935-9111



Resources

AVMA

<https://www.avma.org/firstaid>

Red Cross

Pet First Aid Red Cross App for Android
Redcross.org

ASPCA Poison Control App

<https://www.aspc.org/pet-care/animal-poison-control/apcc-mobile-app>

Veterinary Emergencies

Pet First Aid



Center of Veterinary Expertise

6550 Hampton Roads Parkway, Suite 113

Suffolk, VA 23435

Phone: 757-935-9111

Fax: 757-935-9110

Quick Tips for Basic First Aid

Remember, any first aid administered to your pet should be followed by immediate veterinary care.

FOR YOUR SAFETY

If your pet is injured, he/she is likely in pain, scared, and confused. Be careful to avoid getting hurt, bitten or scratched.

IF YOUR PET IS POISONED

If you know or suspect your pet has consumed something that may be harmful, call your veterinarian, emergency veterinary clinic or the **Animal Poison Control Center (888.426.4435 – available 365 days/year, 24 hours/day; a consultation fee applies)** immediately.

Do not try to induce vomiting or give any medications to your pet unless directed to do so by Poison Control or your veterinarian.

IF YOUR PET IS HAVING SEIZURES

Clear the area of other pets, furniture, and any other objects that may cause injury. Do not try to restrain your pet or startle him/her out of the seizure. Keep hands and face away from your pet's mouth as they cannot control movements and may bite unknowingly.

Time the seizure (they usually last 20-30 seconds).

After the seizure has stopped, keep your pet warm and quiet and contact your veterinarian. If the seizure lasts longer than 5 minutes, proceed to the vet ASAP.

IF YOUR PET IS OVERHEATED

Pour or use a hose to keep cool (not ice cold) water running over the animal's body (especially the abdomen and trunk). Alternately, soak towels in cool water and lay across the abdomen and trunk. Cool to 103°F

Transport the pet to a veterinarian as soon as possible.

IF YOUR PET'S WOUND IS BLEEDING

Apply direct pressure with a clean towel or cloth for at least 3 minutes before checking to see if the bleeding has stopped.

Severe bleeding can quickly be life-threatening—get your animal to a veterinarian immediately if this occurs.

IF YOUR PET IS BITTEN BY A SNAKE

Assume the snake is poisonous and seek veterinary attention immediately. Try to identify the snake if it can be done without risk; do not attempt to capture or kill the snake. Do not bring the snake into the veterinarian's office – a photograph will do.

KEEP A PET FIRST AID KIT

See the back side of this brochure for a First Aid Kit Checklist.

IF YOUR PET IS NOT BREATHING

Open your pet's airway by gently grasping its tongue and pulling it forward (out of the mouth) until it is flat. Check the throat to see if there are any foreign objects blocking the airway.

Perform rescue breathing by holding your pet's mouth closed with your hand and breathing directly into its nose until you see the chest expand. Once the chest expands, continue administering one rescue breath every 4-5 seconds. Seek veterinary care immediately.

